

All About AUTISM



Aware: It's hard for me to be aware of what my body is doing, so I may bump into you by accident or get too close when talking to you.
Unexpected: I may behave in unexpected ways. I might spin my body or flap my hands when I'm excited or make loud, unusual sounds.
Talk: Please talk to me like you'd talk to any other friend my age. The way

- I alk: Please talk to me like you'd talk to any other friend my age. The way I talk may be different than what you're used to. I may repeat words or something I've memorized from a show. This is called scripting.
- Include Me: Get involved in activities that include everyone such as Best Buddies, Unified Sports, Special Olympics and Unified Theater.
- Senses: My five senses are the same as yours, but I experience the senses differently. When I need a sensory break, I wear headphones or turn off bright lights.

 ${f M}$ ake my day: Say hello to me and use my name.